

# SANDON MANOR ESTATE EXPERIENCES



Sandon Manor invite you to explore our rewilded estate; the nature reserves and flower meadows with big skies, ancient woodlands and hedgerows, all teaming with wildlife.



Why not combine an invigorating walk with a sumptuous picnic?

Sandon Manor estate is crossed by many footpaths with lots of lovely picnic spots along the way.



We can also arrange a woodland bonfire with toasting and tasting snacks.



Join us on a guided nature tour of the estates nature reserves.

A Scavenger Hunt around the estate can also be arranged.



For more information please contact [info@sandonmanor.com](mailto:info@sandonmanor.com)

## EXPERIENCES & SERVICES AT SANDON MANOR

Embrace the wild or cosy up in Sandon Manor with one of our experiences. Please contact us and we will put you in touch with your desired provider. Minimum numbers & charges apply



FLOWER ARRANGING AND FORAGING with Ellie @ Wilt Studio  
Create floral designs using locally grown flowers and greenery foraged from our ancient woodland

### NANNIES & BABYSITTERS

Whatever your event, rest assured that your little ones are well looked after.



## FOOD EXPERIENCES AT SANDON MANOR

For general catering please see further below



Gin, whisky, rum & tequila tastings (and more!). Delivered to you at Sandon Manor House from Cambridge Wine Merchants with tasting instructions, video and tips

Cupcake decorating with Kelly@kelly'sKitchen  
Indulge yourself and create your afternoon tea with cupcake decorating in Sandon Manor



Cookery Classes with Miranda@carteblanche  
For a truly special cooking experience, cook up a storm with seasonal and local produce at Sandon Manor. Various workshops available

## WELLNESS AND BEAUTY AT SANDON MANOR



Relax with a deep tissue or hot stone massage in or out-doors with Tracey@prorehabtherapy.

Massage therapies, as well as face and scalp treatments, full body scrubs and lymphatic drainage with Hayley@anvarin.uk

Calm your mind, relax your body and enjoy some quality rest with a therapeutic harp session with Julia@peacefulstringsharp



Yoga classes with a focus on mindfulness, creativity and a sense of humour with Heather@HeatherPearsonYoga.

Re-energise with Pilates in or out-doors with Laura@lauraJPilates

Beauty & Wellness Treatments with Jane@tinyhouseretreats

Lie back and relax - Jane and her team come to the house and offer various group treatments from facials to nails to massages



Wellness packages and workshops with Hayley@NaturalHealingHaven.

Ayurvedic massages and facials, yoga and meditation, energy healing, stress reduction and relaxation workshops



## CATERING AT SANDON MANOR

Add a delicious intimate feast to your stay or experience with one of our trusted local caterers who only use the best locally sourced ingredients. Catering can be provided outside or inside depending on your preference and the weather.



For catering options during your stay:

Sally Birrell

The Modern Table

Gourmand Pierre

Matt Riley

Carte Blanche

Portfolio Events

Pizza van –BB Pizza

Please contact us on [info@sandonmanor.com](mailto:info@sandonmanor.com) to arrange your activities and/or catering. Please note the following terms (pto)

## SANDON MANOR TERMS AND CONDITIONS – RESIDENTS ACTIVITIES

We offer resident activities for a maximum number of 20 guests on the basis that the activity is booked with accommodation, and all participants must be guests who are staying on site.

Some of the activities offered at the Property are provided by third parties. We will assist to arrange these on your behalf but you shall be liable under their terms and conditions at all times. Our full residents' activities terms and conditions will be sent to you via email when you book an activity.

