

# SANDON MANOR ESTATE EXPERIENCES

Please have a look at all there is to do at Sandon Manor and the Estate



## WALKS & PICNICS AT SANDON MANOR

Sandon Manor and its beautiful Estate invite you to explore the fields and flower meadows with their big skies, the ancient woods and hedgerows, all teeming with wildlife.

Why not combine an invigorating walk with a sumptuous picnic?



Sandon Manor estate is crossed by many footpaths with lots of lovely picnic spots along the way.

Delicious food for a picnic can be ordered from local, artisan suppliers and will await your pick up. Whichever picnic option you choose, it will be a special experience!



Afternoon Tea from Days Ashwell  
Ploughmans from Crumps Ashwell  
Barbecue platter from Crumps Ashwell\*  
Sandwich picnic from Days Ashwell

We can put you in touch with these local suppliers to order. They will package the food for you to pick up.

Sandon Manor can advise on picnic locations.

\*The BBQ is located in Sandon Manor garden.



For more information please contact  
[info@sandonmanor.com](mailto:info@sandonmanor.com)

Please continue for more exciting things to do at Sandon Manor.

## EXPERIENCES & SERVICES AT SANDON MANOR



Embrace the wild or cosy up in Sandon Manor with one of our experiences and services on the estate; delivered by skilled, local artisans, tailor-made to your requirements. Please contact us and we will put you in touch with your desired provider. Minimum numbers or charges apply. Please see below for our Residents Activities Terms and Conditions and cancellation policy.

### FLOWER ARRANGING AND FORAGING with Ellie @ Wilt Studio

Create floral designs using locally grown flowers and greenery foraged from our ancient woodland.

Various workshops from £65pp, 2-3 hours.

Or book to create a beautiful floral crown £30pp 1.5 hours



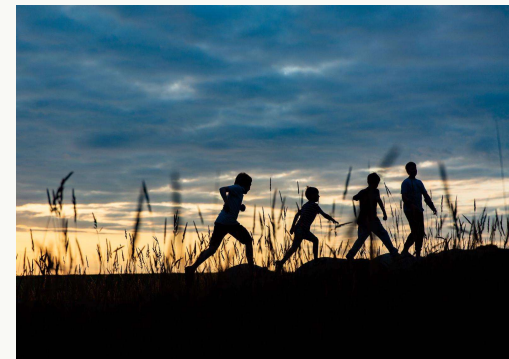
### CLASSIC CAR HIRE

Take a classic car for a spin around the countryside. Available for self drive hire for the day from Harvey at 'Drives of Yesteryear'.

### NANNIES & BABYSITTERS

Whatever your event, rest assured that your little ones are well looked after.

Contact Heather @little\_beans\_nannies



## FOODIE & BEAUTY EXPERIENCES AT SANDON MANOR

For general catering please see further below



IN HOUSE TASTING Gin, whisky, rum & tequila tastings (and more!).  
Delivered to Sandon Manor with tasting instructions video and tips.  
@inhousetasting

### CUP CAKE DECORATING with Kelly @ Kelly's Kitchen

Indulge yourself and create your afternoon tea with cupcake decorating in Sandon Manor.  
From £35pp, 1.5 hours.



### COOKERY CLASSES with Miranda @ Carte Blanche

For a truly special cooking experience, cook up a storm with seasonal and local produce at Sandon Manor. Various workshops available.  
From £150pp.

### BEAUTY & WELLNESS TREATMENTS with Jane @ Tiny House Retreats

Lie back and relax, Jane and her team come to the house and offer various group treatments from facials to nails to massages.  
From £20pp





## WELLNESS AT SANDON MANOR



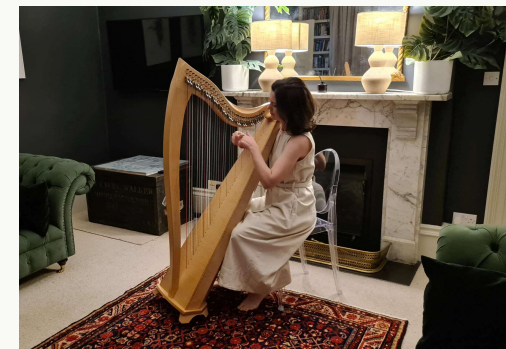
Relax with a deep tissue or hot stone massage in or out-doors with Tracey @ Prorehab Therapy.  
From £33pp.

Re-energise with Pilates in or out-doors with Laura @ Laura J Pilates.  
From £20pp as part of a group or £50pp individually.



Yoga classes with a focus on mindfulness, creativity and a sense of humour with Heather @ Heather Pearson Yoga.  
From £10pp as part of a group or £60pp individually.

Calm your mind, relax your body and enjoy some quality rest with an after lunch or evening THERAPEUTIC HARP session with Julia @ peaceful strings harp  
£50pp for a 45-minute group session (minimum 3. If more than 8, additional guests are free)



Wellness packages and workshops with Hayley @ Natural Healing Haven.  
Ayurvedic massages and facials, yoga and meditation, energy healing, stress reduction and relaxation workshops.  
Enquire for our leaflet and prices for our packages specially put together for Sandon Manor guests.

## CATERING AT SANDON MANOR

Add a delicious wild or intimate feast to your stay or experience with one of our trusted local caterers who only use the best locally sourced ingredients. Catering can be provided outside or inside depending on your preference and the weather.

Treat yourselves to freshly brewed coffee and snacks or pizzas straight from the wood-fired oven with local food vans who can be booked to visit Sandon Manor during your stay.



For catering options during your stay:

Liz @the\_modern\_table

Sally – has catered for many dinner parties at Sandon Estate

Miranda @carteblanchesocial

Team @portfolio\_events

Peter @gourmandpierre

Matt @matt\_riley\_private\_chef

Pizza van - @bbpizza\_

Coffee van - @horsebox\_coffee\_shop

Please contact us on [info@sandonmanor.com](mailto:info@sandonmanor.com) to arrange your activities and/or catering. Please note the following terms (PTO):

[info@sandonmanor.com](mailto:info@sandonmanor.com) 01763 284067 [www.sandonmanor.com](http://www.sandonmanor.com)

## SANDON ESTATE TERMS AND CONDITIONS – RESIDENTS ACTIVITIES

We offer resident activities for a maximum number of 18 guests on the basis that the activity is booked with accommodation, and all participants must be guests who are staying on site.

Some of the activities offered at the Property are provided by third parties. We will assist to arrange these on your behalf but you shall be liable under their terms and conditions at all times. Our full residents' activities terms and conditions will be sent to you via email when you book an activity.

